## Low blood sugar (Hypoglycemia)

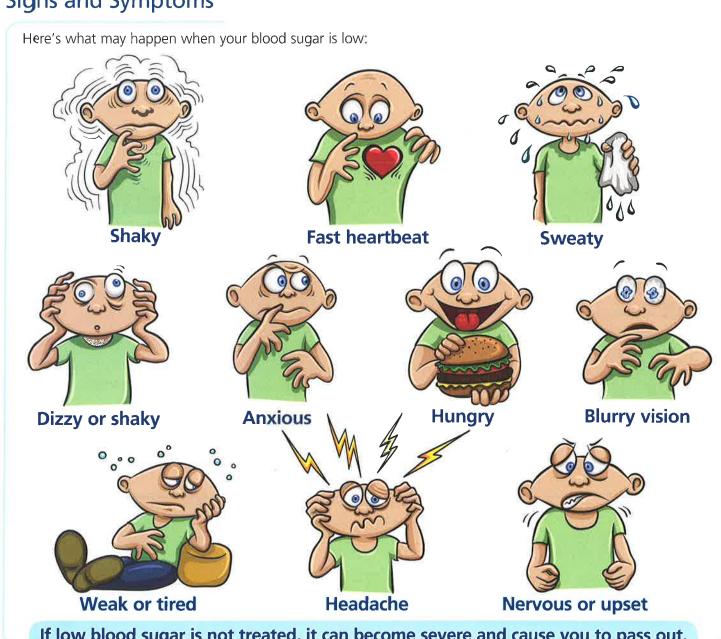
## Cornerstones4Care™

## Causes

You might get low blood sugar (also called hypoglycemia) if you:

- Take certain medicines and eat too few carbohydrates, or skip or delay a meal
- Take too much insulin or diabetes pills (Ask your diabetes care team if this applies to you)
- Are more active than usual

## Signs and Symptoms



If low blood sugar is not treated, it can become severe and cause you to pass out. If low blood sugar is a problem for you, talk to your doctor or diabetes care team.